

VAL DI FASSA RUNNING – COMPETITIVE ATHLETES REGULATIONS 2026

Val di Fassa Running is a multi-stage mountain running competition consisting of 5 races held over 6 days (with one rest day), taking place in the second half of June.

Each year, the 5 stages take place on different routes ranging from 10 to 15 kilometers, with elevation gain between 300 and 700 meters, within the six municipalities of Val di Fassa, from Moena to Canazei.

The **2026 programme** includes **one evening stage** and a **final high-altitude stage**. Except for the latter, all stages will start and finish in the same location. All stages, except the evening one, will start in the morning.

To warmly welcome all participants to the 2026 edition, the **evening stage** will take place on **Sunday 21st of June 2026**, starting at **6:00 PM from Piaz Marconi in Canazei**, and will be followed by the traditional **Pasta Party**.

The **awards and closing ceremony** will be held on **Friday 26th of June 2026, at 9:00 p.m.** at the event tent in **Pozza**, featuring entertainment and local treats to celebrate the end of the 25th edition together!

Course descriptions and details will be available at www.valdifassarunning.it.

Participation

To take part in the competition, athletes must:

- Be 18 years or older
- Hold a valid medical **certificate for competitive sports** (B1, B2, B3, B4, B5, B6 – high cardiovascular intensity) covering one of the following disciplines: running, athletics, skyrunning, mountaineering, ski mountaineering, cross-country skiing, or cycling.

Participation implies full acceptance of these regulations and of any instructions issued by the Organizing Committee.

Athletes must also comply with road traffic regulations, particularly where the route crosses public roads. These sections will NOT be closed to traffic but will be supervised by race officials and law enforcement.

Age Categories

- 18–30 years
- 31–45 years
- 46–60 years
- 61–70 years
- 71+ years

Course

Race routes will be marked with flags. Race staff will be identifiable by high-visibility vests and will be stationed at the start, finish, and along the course to assist participants if needed.

Athletes must follow the marked course without deviation, and comply with staff instructions and safety signage, including warnings for hazardous sections. Leaving the marked route will result in the runner's

disqualification from the official results. Course abandonment is done at the athlete's own risk, as safety measures are not guaranteed outside the designated course.

A GPS track will be available on the event website. Athletes are encouraged to download and carry it during the race.

Medical and refreshment points will be available.

Mandatory Equipment

- The race bib must be worn visibly at all times and must not be altered or folded. A single bib will be provided to those running all 5 stages.
- Windproof jacket, if required by the organization depending on weather conditions.
- Trail or running shoes with suitable tread.

The use of poles is permitted.

Time Limits

The **maximum time** allowed to complete each stage is **2 hours 30 minutes**.

Runners finishing beyond the time limit will be excluded from the official results and will forfeit the right to race services (refreshments, sweep service, on-course assistance).

If an athlete is deemed unfit by medical staff, he/she will be escorted to the finish area following safety instructions.

Withdrawal

Athletes who withdraw must report their withdrawal at any checkpoint along the route, showing their bib number.

If no medical assistance is needed, athletes must return independently along the marked route.

Voluntary withdrawal (not due to physical issues) terminates any assistance from the organization, and the return to the start/finish area is at the athlete's own responsibility.

A "sweep team" will follow the last competitors to ensure no runners remain on the course once the stage is over.

Emergencies

For emergencies, call 112 (emergency services).

For non-urgent needs, contact race staff along the route.

Refreshments & Support

Each stage will feature one refreshment point with liquids and solids (roughly halfway) and one at the finish line. Depending on course layout and weather conditions, the organization may add an additional liquid station.

Modifications or Race Cancellation

The Organization reserves the right to modify the course, delay the start, temporarily suspend or cancel the race (in part or entirely) in the event of safety concerns (e.g., rescue operations, falling rocks, severe weather).

These decisions are at the sole discretion of the Organizers.

Environmental Policy

All participants are required to respect the environment. Runners must not discard cups, paper, or other waste along the route. Appropriate bins will be available at refreshment points. A **2-minute penalty** will be applied to those who do not comply.

The organization is not responsible for loss or theft of personal belongings left unattended before, during, or after the race.

Image Rights

By registering, athletes authorize the Organization to use photos and video footage of them taken during the race free of charge. This authorization is unlimited in time and geography and includes promotional and advertising use across all media. The Organization may grant these rights to institutional or commercial partners.

Technical Briefing

A technical briefing will take place every morning before each stage by the start/finish area. Race speakers will provide updates and important information on the route and weather.

Awards – Full Circuit Classification

At the end of the five stages, an awards ceremony will take place at the event tent in Pozza on Friday, 26th June 2026, at 9:00 PM to celebrate the finishers.

The top 5 overall finishers, both men and women, will be awarded as follows:

Overall Ranking Prizes (Male & Female)

- 1st place: €800
- 2nd place: €500
- 3rd place: €350
- 4th place: €200
- 5th place: €150

In addition, **the top 3 finishers in each age category, both men and women, will be awarded** as follows:

Category Ranking Prizes (Male & Female)

- 1st place: €150
- 2nd place: €120
- 3rd place: €100

Note:

- A 20% withholding tax will be applied (Art. 30, paragraph 2, DPR 600/73).
- Prizes will not be awarded to athletes absent at the ceremony.

For any questions, please contact the Organization at the race office.

Awards – Individual Stages

At the end of each stage, **the top 5 male and female finishers of the day** will be awarded. The **daily ranking** includes both athletes registered for the **full-circuit** and those participating in **individual stages only**. No age-category awards are foreseen for single-stage participation.

Daily prizes will consist of local products, vouchers for outdoor/indoor experiences in the valley, sport items from local brands, and other gifts.

The athletes who finish in first place in the day's ranking (male and female) will be awarded the **“Leader” bib**, which they are required to wear during the following day's stage.

Registration Fees

Registration must be completed **online only** with **credit card payment** via the official website www.valdifassarunning.it.

Athletes registering by **May 29th** will receive a personalized bib.

- Full circuit (5 stages): €110.00
- Single stage: €28.00

Group registration: One free entry every 10 participants (e.g., 10 registered = 9 paying / 20 registered = 18 paying). Multiple individual registrations cannot be combined as a group entry.

For groups of **10+ participants**, please contact: info@fassa.events

The registration fee includes:

- Race entry and on-course assistance
- Race pack
- Bib with timing chip
- Backpack tag
- Refreshments on course and at finish
- Pasta Party (21st June 2026, Canazei, 7:00 PM) *
- Awards & Entertainment Evening (26th June 2026, Pozza, 9:00 PM)
- Post-race massage service (subject to availability)

- Finisher gift (for full-circuit participants only)
- Downloadable diploma (available online)

*Those who are not registered for the race will be able to purchase a meal voucher for the Pasta Party directly on site, at a cost of €10.00 (dish + drink).

Logistics

- No shower service available. Start/finish areas will have public or private toilets.
- Bag drop service provided.
- Parking and public transport information will be shared with participants.

Bib Collection

Bib pickup will take place:

- **Saturday 20th of June 2026** in **Pozza di Fassa**, from **2:00 PM to 6:00 PM**
- **Sunday 21st of June 2026** in **Canazei**, from **2:00 PM to 5:00 PM**

For each stage, a race office will be set up in the start/finish area where participants can register and pick up their bib up to 30 minutes before the start.

Refund Policy

In case of withdrawal, event cancellation due to force majeure, or legal/government orders, no refund of the registration fee will be issued.

Bib transfers to other athletes or deferrals to future editions are not allowed.

In exceptional cases (force majeure), the organization may decide, at its sole discretion, to grant a partial refund.

Complaints

Any complaints must be submitted in writing to: info@fassa.events

Contacts

Address: Val di Fassa Grandi Eventi – Strèda Roma 36, 38032 Canazei (TN)

Website: www.valdifassarunning.it

Email: info@valdifassarunning.it – info@fassa.events

Phone: +39 0462 609630